St. Agnes Academy

Triennial assessment results 2026



Meet our team

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Policy compliance results

St. Agnes Academy completed a review of its Local Wellness Policy using the Alliance for a Healthier Generation 10-Step Checklist. The assessment identified strengths in recess, physical education and health goals, and school food service requirements, including the provision of fruits and vegetables. Opportunities for improvement include strengthening annual public communication, clarifying triennial assessment requirements, updating wellness committee membership to reflect current school personnel, expanding nutrition education in younger grades, and providing additional examples of school-based wellness activities. The school will continue reviewing and strengthen its wellness policy to support student health and well-being.

Wellness policy goals

1. Updating wellness committee membership and leadership responsibilities to reflect current school personnel.
2. Expanding health and nutrition education opportunities for younger students.
3. Identifying additional school-based activities that promote student wellness.
4. Improving procedures for annual public communication and triennial assessment reporting.
5. Continuing to monitor the implementation of the wellness policy and making updates as needed.

St. Agnes Academy continues to support student wellness through nutrition education, physical education, recess, and other school-based wellness activities. The assessment

identified strengths in physical activity opportunities, health education, and school meal nutrition standards, including fruits and vegetables. Areas for continued improvement include expanding nutrition education in younger grades and identifying additional activities that promote student wellness.

Key achievements

1. Maintained school meal nutrition standards, including providing fruits and vegetables as part of the school lunch program.
2. Continued providing students with opportunities for physical activity through recess and physical education.
3. Maintained wellness policy goals supporting nutrition education, physical activity, and overall student well-being.

Next Steps

St. Agnes Academy will continue strengthening its wellness policy by updating wellness policy by updating wellness committee membership to reflect current school personnel, expanding nutrition education opportunities in younger grades, and identifying additional school-based wellness activities. The school will also improve procedures for communicating wellness policy information and assessment results to the public.

St. Agnes Academy
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November 3, 2026

Dear St. Agnes Academy Community,

St. Agnes Academy is committed to supporting the health and well-being of our students through nutritious school meals, physical activity, and wellness education. As part of the USDA Local Wellness Policy requirements, our school has completed its 2026 Triennial Wellness Policy Assessment. The following is a summary of our findings and plans for continued improvement.

Step 1: Wellness Policy Assessment Results

St. Agnes Academy completed its assessment using the Alliance for a Healthier Generation 10-Step Checklist. Of the ten areas reviewed, eight received a rating of 2 and two received a rating of 1.

Areas of strength included recess, physical education and health goals, and school meal nutrition standards, including fruits and vegetables.

Opportunities for improvement include updating wellness committee membership, expanding nutrition education in younger grades, strengthening public communication, and identifying additional school-based wellness activities.

Step 2: Progress Toward Wellness Policy Goals

St. Agnes Academy continues to support student wellness through three primary areas:

1. **Nutrition Education and Promotion: Supporting healthy eating habits through school meal nutrition standards and nutrition education.**
2. **Physical Activity: Providing opportunities for physical activity through recess, physical education, and school athletics.**
3. **Overall Student Wellness: Promoting student well-being through school-based activities that support healthy habits and positive development.**
4.

The assessment identified opportunities to further expand nutrition education and strengthen wellness-related activities across grade levels.

Next Steps

St. Agnes Academy will continue strengthening its Local Wellness Policy by updating wellness committee membership to reflect current school personnel, expanding nutrition education in younger grades, and identifying additional school-based wellness activities. The school will also work to improve annual public communication and ensure wellness policy assessment results are accessible to families and community members.

Public Notification

The 2026 Triennial Assessment results and the school's Local Wellness Policy will be made available to the public through the St. Agnes Academy website.
For questions regarding the Local Wellness Policy or assessment results, please contact Sydnie Jeffrey at sjeffrey@saa.school.

Respectfully,

St. Agnes Academy Administration